



MAY

# Shimmer & Shine

## Wonder-Womanly Looks for Night

**"I SIMPLIFY EVERYTHING"**  
**Gwyneth Paltrow**  
On Juggling Her Kids, Career, and Chris

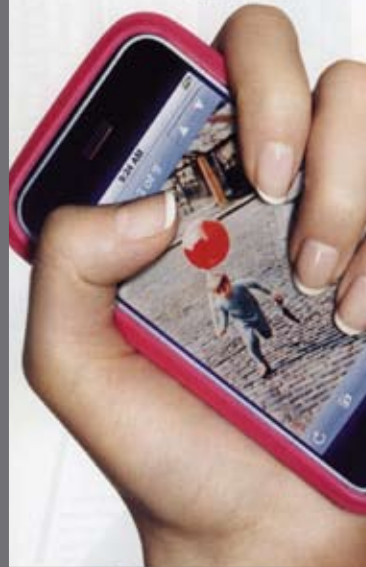
**Decoding Your DNA**  
Can You Outsmart Your Health Destiny?

**BEAUTY HEALTH & FITNESS**

editor: Sarah Brown

### french toast

With a few crucial tweaks, an '80s classic makes a thoroughly modern comeback. Sally Singer wears the new French manicure.



Strange to relate, the origin of the French manicure was precisely this: to look as natural as possible while being glamorous. Jeff Pink, the head of Orly, is able to tell me this because it was he who invented the French manicure in 1976 as a practical way of allowing Hollywood actresses to wear a nail style through a variety of costume changes. It was called the Natural Nail Look; only a year later, after Pink had traveled to Paris and introduced the look to catwalk models, did it receive its gloriously spurious nationality and name. By the early eighties, it was a full-blown craze in America. Cher and Barbra Streisand, whose nails had long been celebrities in their own right, favored the look, and a zillion new smiles gleamed across the country.

AS SEEN IN VOGUE MAY 2008  
[orlybeauty.com](http://orlybeauty.com)

